

**From:** SSA Benefit Office  
**Subject:** Review Your SSA Account Information  
**Date:** February 2, 2026 at 4:45 PM  
**To:**

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Feb 2026 | View Online

**SOCIAL SECURITY**

**STATEMENT**

**IMPORTANT UPDATE**

## **Important Update: Your Social Security Statement Review Your Updated Social Security Statement**

### **YOUR SOCIAL SECURITY STATEMENT IS READY**

Your Social Security Statement has been updated with important changes that may affect your future benefits. Please review your statement at your earliest convenience.



[\*\*View Your Statement\*\*](#)

### **Critical Updates to Your Earnings Record**

Your Social Security Statement contains important information about your future retirement, disability, and survivors benefits. We have identified updates to your earnings record for your review.

#### **What's New in Your Statement:**

- Updated Earnings History: Corrections to your reported earnings for past years
- Revised Benefit Estimates: Updated projections based on current law and your earnings
- Security Enhancements: New features to protect your personal information
- 2026 COLA Adjustment: Updated benefit amounts reflecting the 3.2% cost-of-living increase

## 2026 Cost-of-Living Increase: 3.2%

Social Security and Supplemental Security Income (SSI) benefits will increase by 3.2% in 2026. This cost-of-living adjustment (COLA) affects:

- More than 71 million Americans receiving Social Security benefits
- SSI recipients starting December 29, 2025
- Social Security retirement, survivors, and disability beneficiaries

[Calculate Your New Benefit Amount](#)



### Protect Your Social Security Information

Important Security Notice: Social Security will NEVER:

- Suspend your Social Security number
- Threaten you with arrest or legal action
  - Demand immediate payment
- Require payment by gift card, prepaid debit card, or wire transfer
- Ask for personal or financial information through email or text message

If you receive a suspicious call, text, or email claiming to be from Social Security, hang up or delete it immediately. Report any concerns to the SSA Office of the Inspector General.

### Quick Links & Resources

#### My Social Security Account

View your statement, check benefit estimates, and manage your account.

[Access Account](#)

#### Retirement Calculator

Estimate your future retirement benefits based on your earnings.

[Calculate Benefits](#)

#### Report Concerns

Report suspicious activity or potential Social Security concerns.

[Report Now](#)

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